Human Rights Task Force Domestic Violence Information Sheet

Domestic Violence is a pattern of coercive behaviour used by a person against his or her family or partner to gain power and control over them. *Behaviour may include:* Verbal abuse like name calling or insults • Threats to cause physical harm • Emotional and psychological intimidation • Physical abuse like pushing, hitting, slapping or throwing things • Isolation from family and friends • Harming pets • Economic control • Sexual abuse or mistreatment

Where to get help:

The Americans Overseas Domestic Violence Crisis Center (AODVC) serves abused Americans, mostly women and children, in both civilian and military populations overseas. AODVC helps with:

- Advocacy to obtain resources
- Long term case management
- Comprehensive safety planning
- Attorney consultations
- Danger-to-Safety relocation
- Telephone and/or in-person counselling
- Housing and utility assistance
- Assistance with emergency/basic needs
- Travel logistics and discounted airfare.
- Assistance with legal retainers for battered mothers to file for child custody.

AODVC 24/7 Toll-Free Crisis Hotline

- 1. Visit: 866uswomen.org
- **2**. Find your country access number here: www.att.com/esupport/traveler.jsp
- 3.Dial AT&T USADirect access number
- **4**. At the prompt, enter 866-USWOMEN (879-6636).

Email:

866uswomen@866uswomen.org



Do you know someone living with Domestic Violence?

- Be a good listener. Don't judge.
- Let them know they are special to you.
- Tell them they deserve to be treated with kindness and respect.
- Encourage them to contact one of the listed organizations for help and advice.

Other resources:

- Hot Peach Pages: a global inventory of hotlines, shelters & crisis centers: www.hotpeachpages.net
- US Bureau of Consular Affairs: US Embassies, Consulates and Diplomatic Missions
 Help for American Victims of Crime Overseas: http://travel.state.gov
 and select: Emergencies and Crisis, Help for U.S. Citizen Victims of Crime Overseas
 or the US Embassy website in the country where you live.

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